#### Your named contact for Stroke Services is:

Name:

Profession



Barnet | Hammersmith and Fulham | Kensington and Chelsea | Westminster

# **Stroke Services contact details are:**

Community Rehabilitation Stroke Services
Worlds End Health Centre
529 Kings Road Chelsea
LONDON
SW10 0UD

Telephone: 0207 349 3239

Opening Hours: 9:00am to 17:00pm Monday to Friday only

# New Referrals contact details are:

Telephone: 0207 361 2600

E-mail: <u>intermediatecare@nhs.net</u>
Web: <u>www.clch.nhs.uk/strokeservices</u>

# **Stroke Services Team**

Community Rehabilitation Service Kensington and Chelsea Hammersmith and Fulham



## What do we provide?

- Intensive rehabilitation after a new stroke in your own home, following assessment.
- Community Rehabilitation.
- A review of your health and social care needs at 6 and 12 months following a stroke.
- A **Stroke Support Service** for people with stroke and their carers, for up to one year after stroke.

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#### Who is in the team?

- Occupational Therapists
- Physiotherapists
- Speech and Language Therapists
- Stroke Support Worker
- Neuro-psychologist
- Rehabilitation assistants

We work closely with other health, social care and voluntary services around your needs.

#### What do we do?

We will work with you towards agreed goals. We will provide assessment, treatment and advice.

## This may include:

- Indoor and outdoor walking practice
- Promoting independence with daily activities e.g. meal preparation, bathing
- Help with communication and swallowing problems
- Assessment for equipment as part of a rehabilitation programme
- Access to the community and practice using public transport
- Emotional support
- Stroke information and advice re stroke prevention
- Support and training for carers
- Advice and assistance to return to work and leisure activities

## In Kensington and Chelsea we provide:

- A dysphasia support group (for people with communication difficulties)
- A peer mentoring scheme (people who have had a stroke supporting others who have had a stroke)